

Registration Form

Name

Address

City

Phone

E-mail

Age

Grade Entering in '09

Medical Consent Form

In case of medical emergency, when I, as a parent or guardian, am unable to be reached, I give my permission to the physician selected by the staff of Indiana Christian Academy to give any medical attention deemed necessary for my child.

Parent's Signature

Telephone Number

Insurance Company

Policy Number

What to Expect

Campers should expect conditioning, agility and skill drills, as well as training in techniques with one-on-one instruction.

In the morning, *the 4th through 6th graders* should expect concentrated fundamental instruction along with some conditioning and game-like situations.

In the evening, *the 7th through 12th graders* should expect fundamental review, conditioning and agility exercises, as well as a focus on strategic team volleyball.

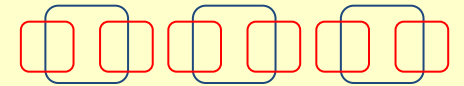
Both groups should look forward to an intense, yet fun time of volleyball. We are looking forward to it. *Can't wait to see you in June!*

The Plews

You must register by
June 1st in order to
receive a camp t-shirt.

Proper Camp Attire *

Camp participants should wear modest and appropriate t-shirts, as well as, knee-length sport shorts or culottes.



Whirlwind Volleyball Camp 2009



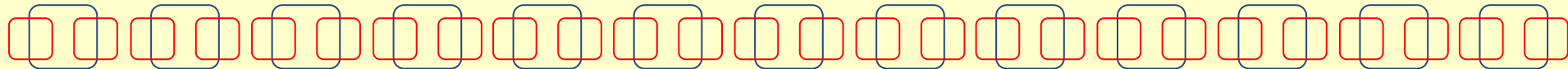
4th Grade through 12th Grade

June 22 to 26

Phone: (765) 643-7884

Web site:
www.indianachristianacademy.org

Please Detach and Return Form to Office



Introduction to Camp

Just as with any sport, volleyball requires much dedication and effort in order for teams to be successful. At the Whirlwind Volleyball Camp, we want to see players develop and “fine tune” their skills at all age levels.



What to Bring

- Proper athletic attire **See back**
- Knee Pads
- Water Bottle
- Towel

Camp Awards

- Camp Most Valuable Player
- Camp Most Improved Player
- Individual Skills Test Winners (Passing, Serving, etc.)

Cost

\$40

(includes the camp t-shirt.)

Camp Goals

4th to 6th Grade Camp ~ 9:00 am to 11:30 am

This elementary camp will focus on the basics of volleyball and proper techniques for playing volleyball.

Camp Highlights:

- Forearm Passing techniques
- Passing control
- Serving techniques
- Overhand Passing Introduction
- Scrimmages
- Skills Tests

7th to 12th Grade Camp ~ 5:30 pm to 8:00 pm

This secondary camp will focus on the mastery of the basics of volleyball, position techniques and advanced skill training.

Camp Highlights:

- Review basic passing
- Improve Serving technique
- Develop Hitting Technique and Skills
- Develop Blocking Techniques
- Improve Court Awareness and Positioning

Camp T-Shirt Sign-up Form

Sign up for your T-shirt size:

- Adult XL
- Adult L
- Adult M
- Adult S
- Youth L
- Youth M

Name

Phone

E-mail

Camp you will be Attending

- 4th through 6th Grade Camp
- 7th through 12th Grade Camp

Camp grades are based on the grade the student will enter in the fall.

 **Indiana Christian
ACADEMY**

Phone: 765.643.7884